

ALGT Swim CUP 25: Session: 2: COACH evaluation sheet for TEAM: FIRST

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ 13:45 Relay line-up input: The listed starttimes are indicative!

Coaches: Wielandt Pieter

Coaches: Sys Justine HEADCOACH

Coaches: Mathys Jana

Coaches: De Noble Naomi

Coaches: De Waele Lente

Coaches: Van Heghe Margot

Coaches: De Noble Chloë

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 11: 100M FREESTYLE MEN 11+					Heat:2, starttime: 14:02
Heat: 2/15 Lane : 6 Athlete: ACKE MANU					Q-time: 01:21:02
PB (25m pool): 01:21.02 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:22.89 SB: 01:21.02 Sint-Amandsberg 19/10/2025
PB	2 5 M	5 0 M	7 5 M	1 0 0 M	
		00:39.37		01:21.02	
	00:39.37		00:41.65		
					

Coach feedback:

Event number: 11: 100M FREESTYLE MEN 11+					Heat:3, starttime: 14:04
Heat: 3/15 Lane : 2 Athlete: STEVENS GERBEN					Q-time: 01:12:21
PB (25m pool): 01:12.21 TEMSE 18/05/2025					PB (50m pool): 01:12.37 SB: no time
PB	2 5 M	5 0 M	7 5 M	1 0 0 M	
		00:34.56		01:12.21	
	00:34.56		00:37.65		
					

Coach feedback:

Event number: 11: 100M FREESTYLE MEN 11+					Heat:4, starttime: 14:05
Heat: 4/15 Lane : 7 Athlete: BECK STANN					Q-time: 01:10:17
PB (25m pool): 01:10.17 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:11.70 SB: 01:10.17 Sint-Amandsberg 19/10/2025
PB	2 5 M	5 0 M	7 5 M	1 0 0 M	
		00:34.62		01:10.17	
	00:34.62		00:35.55		
					

Coach feedback:

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Event number: 11: 100M FREESTYLE MEN 11+					Heat:4, starttime: 14:05
Heat: 4/15 Lane : 8 Athlete: DE CHAMPS LOïc					Q-time: 01:10:89
PB (25m pool): 01:12.45 Temse 22/12/2024					PB (50m pool): 01:10.89SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.29		01:12.45	
	00:34.29		00:38.16		
					

Coach feedback:

Event number: 11: 100M FREESTYLE MEN 11+					Heat:5, starttime: 14:07
Heat: 5/15 Lane : 8 Athlete: CASTEUR NICOLAS					Q-time: 01:08:44
PB (25m pool): 01:08.44 T ROSCO 12/10/2025					PB (50m pool): 01:09.38SB: 01:08.44 T ROSCO 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.61		01:08.44	
	00:32.61		00:35.83		
					

Coach feedback:

Event number: 11: 100M FREESTYLE MEN 11+					Heat:6, starttime: 14:09
Heat: 6/15 Lane : 8 Athlete: UVYN MAXIM					Q-time: 01:06:17
PB (25m pool): 01:06.17 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:08.98SB: 01:06.17 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.10		01:06.17	
	00:31.10		00:35.07		
					

Coach feedback:

Event number: 11: 100M FREESTYLE MEN 11+					Heat:7, starttime: 14:10
Heat: 7/15 Lane : 1 Athlete: EL GHAZALI ADAM					Q-time: 01:03:61
PB (25m pool): 01:03.61 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:05.21SB: 01:03.61 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.17		01:03.61	
	00:29.17		00:34.44		
					

Coach feedback:

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Event number: 11: 100M FREESTYLE MEN 11+					Heat:7, starttime: 14:10
Heat: 7/15 Lane : 4 Athlete: VANNIEUWENHUYSE LOÏC					Q-time: 01:02:73
PB (25m pool): 01:02.73 Gent 23/02/2025					PB (50m pool): 01:03.27 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.29		01:02.73	
	00:30.29		00:32.44		
					

Coach feedback:

Event number: 11: 100M FREESTYLE MEN 11+					Heat:8, starttime: 14:12
Heat: 8/15 Lane : 5 Athlete: BEERNAERT DAAN					Q-time: 01:01:06
PB (25m pool): 01:01.06 T ROSCO 12/10/2025					PB (50m pool): 01:02.27 SB: 01:01.06 T ROSCO 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.21		01:01.06	
	00:29.21		00:31.85		
					

Coach feedback:

Event number: 11: 100M FREESTYLE MEN 11+					Heat:8, starttime: 14:12
Heat: 8/15 Lane : 7 Athlete: STEVENS JAAN					Q-time: 01:02:24
PB (25m pool): 01:02.24 TEMSE 18/05/2025					PB (50m pool): 01:04.49 SB: 01:02.32 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.94		01:02.24	
	00:29.94		00:32.30		
					

Coach feedback:

Event number: 11: 100M FREESTYLE MEN 11+					Heat:9, starttime: 14:13
Heat: 9/15 Lane : 6 Athlete: DE CRAENE MATTHIS					Q-time: 00:59:98
PB (25m pool): 00:59.98 Sinbad 16/03/2025					PB (50m pool): 01:00.53 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.45		00:59.98	
	00:29.45		00:30.53		
					

Coach feedback:

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Event number: 11: 100M FREESTYLE MEN 11+					Heat:10, starttime: 14:14
Heat: 10/15 Lane : 2 Athlete: VAN RAEMDONCK CAMU					Q-time: 00:59:20
PB (25m pool): 00:59.20 Sinbad 12/01/2025					PB (50m pool): 01:00.61 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.08		00:59.20	
	00:29.08		00:30.12		
					

Coach feedback:

Event number: 11: 100M FREESTYLE MEN 11+					Heat:10, starttime: 14:14
Heat: 10/15 Lane : 4 Athlete: LIEVENS TIEBE					Q-time: 00:58:39
PB (25m pool): 00:58.39 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:01.74 SB: 00:58.39 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:27.75		00:58.39	
	00:27.75		00:30.64		
					

Coach feedback:

Event number: 11: 100M FREESTYLE MEN 11+					Heat:10, starttime: 14:14
Heat: 10/15 Lane : 5 Athlete: TIMMERMANS JULES					Q-time: 00:58:58
PB (25m pool): 00:58.88 Ronse 15/10/2023					PB (50m pool): 00:58.58 SB: 01:00.20 T ROSCO 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		00:58.88	
	no time				
					

Coach feedback:

Event number: 11: 100M FREESTYLE MEN 11+					Heat:10, starttime: 14:14
Heat: 10/15 Lane : 6 Athlete: SLOS ROBBIE					Q-time: 00:58:91
PB (25m pool): 00:58.91 Nijlen 17/11/2024					PB (50m pool): 01:00.41 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.41		00:58.91	
	00:28.41		00:30.50		
					

Coach feedback:

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Event number: 11: 100M FREESTYLE MEN 11+					Heat:10, starttime: 14:14
Heat: 10/15 Lane : 7 Athlete: DEGRANDE LARS					Q-time: 00:59:20
PB (25m pool): 00:59.20 Temse 22/12/2024					PB (50m pool): 01:00.90 SB: 00:59.36 T ROSCO 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.77		00:59.20	
	00:28.77		00:30.43		
					

Coach feedback:

Event number: 11: 100M FREESTYLE MEN 11+					Heat:11, starttime: 14:16
Heat: 11/15 Lane : 2 Athlete: NEYRYNCK TIBO					Q-time: 00:58:17
PB (25m pool): 00:57.64 NIJLEN 18/11/2018					PB (50m pool): 00:59.12 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		00:57.64	
	no time				
					

Coach feedback:

Event number: 11: 100M FREESTYLE MEN 11+					Heat:11, starttime: 14:16
Heat: 11/15 Lane : 3 Athlete: DE SMAELE KEYON					Q-time: 00:57:79
PB (25m pool): 00:57.79 Nijlen 17/11/2024					PB (50m pool): 01:00.02 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:27.46		00:57.79	
	00:27.46		00:30.33		
					

Coach feedback:

Event number: 11: 100M FREESTYLE MEN 11+					Heat:11, starttime: 14:16
Heat: 11/15 Lane : 6 Athlete: VERHEYDEN VINZ					Q-time: 00:57:81
PB (25m pool): 00:57.81 Sint-Amandsberg 19/10/2025					PB (50m pool): 00:59.95 SB: 00:57.81 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:27.73		00:57.81	
	00:27.73		00:30.08		
					

Coach feedback:

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Event number: 11: 100M FREESTYLE MEN 11+					Heat:13, starttime: 14:19
Heat: 13/15 Lane : 6 Athlete: VAN TRICHT FINN					Q-time: 00:55:88
PB (25m pool): 00:55.88 Sint-Amandsberg 19/10/2025					PB (50m pool): 00:57.12 SB: 00:55.88 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:26.62		00:55.88	
	00:26.62		00:29.26		
					

Coach feedback:

Event number: 11: 100M FREESTYLE MEN 11+					Heat:13, starttime: 14:19
Heat: 13/15 Lane : 8 Athlete: VANCAYZEELE THIBAU					Q-time: 00:56:41
PB (25m pool): 00:56.41 Sint-Amandsberg 19/10/2025					PB (50m pool): 00:57.83 SB: 00:56.41 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:27.38		00:56.41	
	00:27.38		00:29.03		
					

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:1, starttime: 14:23
Heat: 1/14 Lane : 5 Athlete: VAN LAETHEM ALEXIS					Q-time: 01:33:48
PB (25m pool): 01:33.48 Sint-Amandsberg 19/10/2025					PB (50m pool): no time SB: 01:33.48 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.10		01:33.48	
	00:44.10		00:49.38		
					

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:2, starttime: 14:25
Heat: 2/14 Lane : 3 Athlete: HAMID ROYAH					Q-time: 01:22:34
PB (25m pool): 01:22.34 Gent 23/02/2025					PB (50m pool): 01:22.62 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.55		01:22.34	
	00:38.55		00:43.79		
					

Coach feedback:

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Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:2, starttime: 14:25
Heat: 2/14 Lane : 4 Athlete: GALMART HAYLEY					Q-time: 01:20:67
PB (25m pool): 01:21.39 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:20.67 SB: 01:21.39 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.30		01:21.39	
	00:39.30		00:42.09		
					

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:2, starttime: 14:25
Heat: 2/14 Lane : 6 Athlete: VAN CAENEGEM FIEN					Q-time: 01:22:77
PB (25m pool): 01:22.77 Sint-Amandsberg 19/10/2025					PB (50m pool): no time SB: 01:22.77 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.94		01:22.77	
	00:38.94		00:43.83		
					

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:3, starttime: 14:27
Heat: 3/14 Lane : 4 Athlete: DE BIE LIZE					Q-time: 01:17:25
PB (25m pool): 01:17.25 TEMSE 18/05/2025					PB (50m pool): 01:18.50 SB: 01:18.14 T ROSCO 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.29		01:17.25	
	00:36.29		00:40.96		
					

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:4, starttime: 14:29
Heat: 4/14 Lane : 4 Athlete: DAEM HANNELISE					Q-time: 01:13:47
PB (25m pool): 01:13.47 TEMSE 18/05/2025					PB (50m pool): 01:13.49 SB: 01:15.43 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.15		01:13.47	
	00:35.15		00:38.32		
					

Coach feedback:

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Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:4, starttime: 14:29
Heat: 4/14 Lane : 5 Athlete: VERBERT KAAT					Q-time: 01:15:04
PB (25m pool): 01:15.04 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:19.64 SB: 01:15.04 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.88		01:15.04	
	00:36.88		00:38.16		
					

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:4, starttime: 14:29
Heat: 4/14 Lane : 7 Athlete: VAN LOO HANNAH					Q-time: 01:16:09
PB (25m pool): 01:16.09 TEMSE 18/05/2025					PB (50m pool): 01:17.43 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.76		01:16.09	
	00:36.76		00:39.33		
					

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:5, starttime: 14:31
Heat: 5/14 Lane : 1 Athlete: VANCAYZEELE MARGAUX					Q-time: 01:12:99
PB (25m pool): 01:13.29 Gent 23/02/2025					PB (50m pool): 01:12.99 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.49		01:13.29	
	00:35.49		00:37.80		
					

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:5, starttime: 14:31
Heat: 5/14 Lane : 6 Athlete: MAES AALIYAH					Q-time: 01:12:71
PB (25m pool): 01:12.71 DENDERMONDE 23/11/2024					PB (50m pool): 01:12.71 SB: 01:17.07 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.00		01:12.71	
	00:35.00		00:37.71		
					

Coach feedback:

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Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:6, starttime: 14:32
Heat: 6/14 Lane : 5 Athlete: DE SMAELE KENZA					Q-time: 01:09:67
PB (25m pool): 01:09.67 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:11.20 SB: 01:09.67 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.28		01:09.67	
	00:33.28		00:36.39		
					

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:6, starttime: 14:32
Heat: 6/14 Lane : 7 Athlete: STORME IEME					Q-time: 01:10:88
PB (25m pool): 01:11.09 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:10.88 SB: 01:11.09 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.44		01:11.09	
	00:34.44		00:36.65		
					

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:6, starttime: 14:32
Heat: 6/14 Lane : 8 Athlete: DE BACKER SOPHIE					Q-time: 01:11:78
PB (25m pool): 01:11.78 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:16.22 SB: 01:11.78 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.01		01:11.78	
	00:35.01		00:36.77		
					

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:7, starttime: 14:34
Heat: 7/14 Lane : 1 Athlete: MENU NINA					Q-time: 01:09:22
PB (25m pool): 01:09.22 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:10.55 SB: 01:09.22 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.82		01:09.22	
	00:32.82		00:36.40		
					

Coach feedback:

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Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:7, starttime: 14:34
Heat: 7/14 Lane : 5 Athlete: CANTRÉ EMILIE					Q-time: 01:08:17
PB (25m pool): 01:08.17 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:10.48 SB: 01:08.17 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.60		01:08.17	
	00:32.60		00:35.57		
					

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:7, starttime: 14:34
Heat: 7/14 Lane : 6 Athlete: BEULENS LOTTE					Q-time: 01:08:50
PB (25m pool): 01:08.50 T ROSCO 12/10/2025					PB (50m pool): 01:08.94 SB: 01:08.50 T ROSCO 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.74		01:08.50	
	00:32.74		00:35.76		
					

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:7, starttime: 14:34
Heat: 7/14 Lane : 8 Athlete: BOGAERT HANNE					Q-time: 01:09:56
PB (25m pool): 01:09.56 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:09.74 SB: 01:09.56 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.16		01:09.56	
	00:33.16		00:36.40		
					

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:8, starttime: 14:35
Heat: 8/14 Lane : 1 Athlete: STORME JADE					Q-time: 01:07:80
PB (25m pool): 01:07.80 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:09.66 SB: 01:07.80 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.59		01:07.80	
	00:32.59		00:35.21		
					

Coach feedback:

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Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:8, starttime: 14:35
Heat: 8/14 Lane : 7 Athlete: DEGRANDE AN					Q-time: 01:07:60
PB (25m pool): 01:07.60 T ROSCO 12/10/2025					PB (50m pool): 01:09.67 SB: 01:07.60 T ROSCO 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.19		01:07.60	
	00:33.19		00:34.41		
					

Coach feedback:

Event number: 13: 200M BUTTERFLY MEN 11+							Heat:1, starttime: 14:46	
Heat: 1/2 Lane : 6 Athlete: CASTEUR ALEXANDER							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 13: 200M BUTTERFLY MEN 11+							Heat:2, starttime: 14:50	
Heat: 2/2 Lane : 8 Athlete: DE BIE DAAN							Q-time: 02:35:33	
PB (25m pool): 02:35.33 Sint-Amandsberg 19/10/2025				PB (50m pool): 02:38.96 SB: 02:35.33 Sint-Amandsberg 19/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.58		01:15.88		01:55.49		02:35.33
	00:35.58		00:40.30		00:39.61		00:39.84	
								

Coach feedback:

Event number: 14: 200M BUTTERFLY WOMEN 11+							Heat:1, starttime: 14:53	
Heat: 1/3 Lane : 2 Athlete: DE ROYE YELENA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

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Event number: 15: 100M FREESTYLE MIXED 10-9					Heat:2, starttime: 15:06
Heat: 2/4 Lane : 2 Athlete: BAEYENS EMKE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 15: 100M FREESTYLE MIXED 10-9					Heat:2, starttime: 15:06
Heat: 2/4 Lane : 4 Athlete: VERBUSTEL LORE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 15: 100M FREESTYLE MIXED 10-9					Heat:3, starttime: 15:09
Heat: 3/4 Lane : 1 Athlete: COSYN MATS					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 15: 100M FREESTYLE MIXED 10-9					Heat:3, starttime: 15:09
Heat: 3/4 Lane : 7 Athlete: VANDENWEGHE THOMAS					Q-time: 01:42:48
PB (25m pool): 01:42.48 TEMSE 30/03/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.76		01:42.48	
	00:47.76 00:54.72				
					

Coach feedback:

ALGT Swim CUP 25: Session: 2: COACH evaluation sheet for TEAM: FIRST

Event number: 15: 100M FREESTYLE MIXED 10-9					Heat:4, starttime: 15:11
Heat: 4/4 Lane : 7 Athlete: BAELE NORAH					Q-time: 01:21:55
PB (25m pool): 01:21.55 WAREGEM 21/04/2025					PB (50m pool): 01:21.75 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.95		01:21.55	
	00:38.95		00:42.60		
					

Coach feedback:

Event number: 16: 200M BREASTSTROKE MEN 11+							Heat:2, starttime: 15:18	
Heat: 2/8 Lane : 3 Athlete: ACKE MANU							Q-time: 03:47:38	
PB (25m pool): 03:47.38 Zottegem 09/03/2025							PB (50m pool): 03:49.03 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:51.32		01:50.53		no time		03:47.38
	00:51.32		00:59.21					
								

Coach feedback:

Event number: 16: 200M BREASTSTROKE MEN 11+							Heat:2, starttime: 15:18	
Heat: 2/8 Lane : 4 Athlete: CASTEUR NICOLAS							Q-time: 03:42:76	
PB (25m pool): 03:42.76 Zottegem 09/03/2025				PB (50m pool): 03:48.05 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:51.15		01:48.35		no time		03:42.76
	00:51.15		00:57.20					
								

Coach feedback:

Event number: 16: 200M BREASTSTROKE MEN 11+							Heat:2, starttime: 15:18	
Heat: 2/8 Lane : 8 Athlete: DE CRAENE THIBE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

ALGT Swim CUP 25: Session: 2: COACH evaluation sheet for TEAM: FIRST

Event number: 16: 200M BREASTSTROKE MEN 11+							Heat:4, starttime: 15:26	
Heat: 4/8 Lane : 1 Athlete: DE CHAMPS LOïc							Q-time: 03:11:58	
PB (25m pool): 03:11.58 Sint-Amandsberg 19/10/2025				PB (50m pool): 03:23.49SB: 03:11.58 Sint-Amandsberg 19/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:41.66		01:30.33		02:20.16		03:11.58
	00:41.66		00:48.67		00:49.83		00:51.42	
								

Coach feedback:

Event number: 16: 200M BREASTSTROKE MEN 11+							Heat:4, starttime: 15:26	
Heat: 4/8 Lane : 4 Athlete: NEYRYNCK TIBO							Q-time: 03:04:38	
PB (25m pool): no time			PB (50m pool): 03:04.38SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 16: 200M BREASTSTROKE MEN 11+							Heat:4, starttime: 15:26	
Heat: 4/8 Lane : 5 Athlete: BECK STANN							Q-time: 03:05:26	
PB (25m pool): 03:05.26 T ROSCO 12/10/2025				PB (50m pool): 03:36.64SB: 03:05.26 T ROSCO 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.44		01:30.85		02:18.93		03:05.26
	00:42.44		00:48.41		00:48.08		00:46.33	
								

Coach feedback:

Event number: 16: 200M BREASTSTROKE MEN 11+							Heat:5, starttime: 15:30	
Heat: 5/8 Lane : 1 Athlete: TIMMERMANS JULES							Q-time: 02:59:84	
PB (25m pool): 02:55.60 Temse 12/03/2023				PB (50m pool): 02:56.38SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:55.60
	no time							
								

Coach feedback:

ALGT Swim CUP 25: Session: 2: COACH evaluation sheet for TEAM: FIRST

Event number: 16: 200M BREASTSTROKE MEN 11+							Heat:5, starttime: 15:30	
Heat: 5/8 Lane : 6 Athlete: STEVENS JAAN							Q-time: 02:53:07	
PB (25m pool): 02:53.07 Sint-Amandsberg 19/10/2025				PB (50m pool): 03:02.74SB: 02:53.07 Sint-Amandsberg 19/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.37		01:23.11		02:08.08		02:53.07
	00:38.37		00:44.74		00:44.97		00:44.99	
								

Coach feedback:

Event number: 16: 200M BREASTSTROKE MEN 11+							Heat:5, starttime: 15:30	
Heat: 5/8 Lane : 8 Athlete: GERRITSEN BRUNO							Q-time: 03:02:08	
PB (25m pool): 03:02.08 Sint-Amandsberg 19/10/2025				PB (50m pool): 03:12.36SB: 03:02.08 Sint-Amandsberg 19/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.38		01:26.77		02:15.20		03:02.08
	00:40.38		00:46.39		00:48.43		00:46.88	
								

Coach feedback:

Event number: 16: 200M BREASTSTROKE MEN 11+							Heat:6, starttime: 15:33	
Heat: 6/8 Lane : 2 Athlete: DE CRAENE MATTHIS							Q-time: 02:47:15	
PB (25m pool): 02:47.15 T ROSCO 20/10/2024				PB (50m pool): 02:55.48SB: 02:48.95 T ROSCO 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.30		01:20.49		02:05.09		02:47.15
	00:37.30		00:43.19		00:44.60		00:42.06	
								

Coach feedback:

Event number: 16: 200M BREASTSTROKE MEN 11+							Heat:6, starttime: 15:33	
Heat: 6/8 Lane : 3 Athlete: VERHEYDEN VINZ							Q-time: 02:46:11	
PB (25m pool): 02:48.85 Ronse 15/10/2023				PB (50m pool): 02:46.11 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:48.85
	no time							
								

Coach feedback:

ALGT Swim CUP 25: Session: 2: COACH evaluation sheet for TEAM: FIRST

Event number: 16: 200M BREASTSTROKE MEN 11+							Heat:6, starttime: 15:33	
Heat: 6/8 Lane : 7 Athlete: DEGRANDE LARS							Q-time: 02:47:53	
PB (25m pool): 02:47.53 T ROSCO 20/10/2024				PB (50m pool): 02:57.48SB: 02:52.73 T ROSCO 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.70		01:18.84		02:04.00		02:47.53
	00:35.70		00:43.14		00:45.16		00:43.53	
								

Coach feedback:

Event number: 16: 200M BREASTSTROKE MEN 11+							Heat:7, starttime: 15:37	
Heat: 7/8 Lane : 2 Athlete: CASTEUR ALEXANDER							Q-time: 02:43:26	
PB (25m pool): 02:43.26 Gent 23/02/2025				PB (50m pool): 02:49.84 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.94		01:19.22		02:02.28		02:43.26
	00:36.94		00:42.28		00:43.06		00:40.98	
								

Coach feedback:

Event number: 16: 200M BREASTSTROKE MEN 11+							Heat:7, starttime: 15:37	
Heat: 7/8 Lane : 3 Athlete: VAN RAEMDONCK CAMU							Q-time: 02:37:02	
PB (25m pool): 02:37.02 Sinbad 22/07/2025				PB (50m pool): 02:48.98 SB: 02:38.89 Sint-Amandsberg 19/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.58		01:15.59		no time		02:37.02
	00:35.58		00:40.01					
								

Coach feedback:

Event number: 16: 200M BREASTSTROKE MEN 11+							Heat:7, starttime: 15:37	
Heat: 7/8 Lane : 7 Athlete: VANCAYZEELE THIBAU							Q-time: 02:43:28	
PB (25m pool): 02:43.28 Gent 23/02/2025				PB (50m pool): 02:48.59SB: 02:46.27 T ROSCO 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.81		01:18.14		02:01.29		02:43.28
	00:35.81		00:42.33		00:43.15		00:41.99	
								

Coach feedback:

ALGT Swim CUP 25: Session: 2: COACH evaluation sheet for TEAM: FIRST

Event number: 16: 200M BREASTSTROKE MEN 11+							Heat:8, starttime: 15:40	
Heat: 8/8 Lane : 1 Athlete: SLOS ROBBIE							Q-time: 02:31:92	
PB (25m pool): 02:29.67 Gent 09/11/2025				PB (50m pool): 02:38.52 SB: 02:29.67 Gent 09/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.41		01:12.24		01:50.74		02:29.67
	00:34.41		00:37.83		00:38.50		00:38.93	
								

Coach feedback:

Event number: 16: 200M BREASTSTROKE MEN 11+							Heat:8, starttime: 15:40	
Heat: 8/8 Lane : 3 Athlete: DE SMAELE KEYON							Q-time: 02:23:84	
PB (25m pool): 02:23.84 T ROSCO 20/10/2024				PB (50m pool): 02:26.36SB: 02:30.68 Sint-Amandsberg 19/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.21		01:08.79		01:46.48		02:23.84
	00:32.21		00:36.58		00:37.69		00:37.36	
								

Coach feedback:

Event number: 16: 200M BREASTSTROKE MEN 11+							Heat:8, starttime: 15:40	
Heat: 8/8 Lane : 8 Athlete: VAN TRICHT FINN							Q-time: 02:32:15	
PB (25m pool): 02:32.15 Gent(Sint-Amandsberg) 11/11/2024				PB (50m pool): 02:36.20 SB: 02:34.67 Sint-Amandsberg 19/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.97		01:12.25		01:51.69		02:32.15
	00:33.97		00:38.28		00:39.44		00:40.46	
								

Coach feedback:

Event number: 17: 200M BREASTSTROKE WOMEN 11+							Heat:2, starttime: 15:48	
Heat: 2/7 Lane : 1 Athlete: VAN LAETHEM ALEXIS							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

ALGT Swim CUP 25: Session: 2: COACH evaluation sheet for TEAM: FIRST

Event number: 17: 200M BREASTSTROKE WOMEN 11+							Heat:2, starttime: 15:48	
Heat: 2/7 Lane : 3 Athlete: VERBERT KAAT							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 17: 200M BREASTSTROKE WOMEN 11+							Heat:2, starttime: 15:48	
Heat: 2/7 Lane : 7 Athlete: VAN CAENEGEM FIEN							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 17: 200M BREASTSTROKE WOMEN 11+							Heat:3, starttime: 15:52	
Heat: 3/7 Lane : 3 Athlete: UVYN AURÉLIE							Q-time: 03:48:84	
PB (25m pool): no time			PB (50m pool): 03:48.84 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 17: 200M BREASTSTROKE WOMEN 11+							Heat:3, starttime: 15:52	
Heat: 3/7 Lane : 4 Athlete: DE BACKER SOPHIE							Q-time: 03:41:28	
PB (25m pool): no time			PB (50m pool): 03:41.28 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

ALGT Swim CUP 25: Session: 2: COACH evaluation sheet for TEAM: FIRST

Event number: 17: 200M BREASTSTROKE WOMEN 11+							Heat:4, starttime: 15:57	
Heat: 4/7 Lane : 7 Athlete: DAEM HANNELISE							Q-time: 03:38:64	
PB (25m pool): 03:38.64 T ROSCO 20/10/2024				PB (50m pool): 03:45.44 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:49.49		01:45.64		02:43.16		03:38.64
	00:49.49		00:56.15		00:57.52		00:55.48	
								

Coach feedback:

Event number: 17: 200M BREASTSTROKE WOMEN 11+							Heat:4, starttime: 15:57	
Heat: 4/7 Lane : 8 Athlete: GALMART HAYLEY							Q-time: 03:40:92	
PB (25m pool): 03:51.75 Zottegem 09/03/2025				PB (50m pool): 03:40.92 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:51.44		01:50.68		no time		03:51.75
	00:51.44		00:59.24					
								

Coach feedback:

Event number: 17: 200M BREASTSTROKE WOMEN 11+							Heat:5, starttime: 16:01	
Heat: 5/7 Lane : 1 Athlete: DE BIE LIZE							Q-time: 03:15:85	
PB (25m pool): 03:15.85 T ROSCO 12/10/2025				PB (50m pool): no time SB: 03:15.85 T ROSCO 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:45.69		01:35.49		02:26.76		03:15.85
	00:45.69		00:49.80		00:51.27		00:49.09	
								

Coach feedback:

Event number: 17: 200M BREASTSTROKE WOMEN 11+							Heat:5, starttime: 16:01	
Heat: 5/7 Lane : 3 Athlete: VAN GHELUE RINSKE							Q-time: 03:08:28	
PB (25m pool): 03:08.28 TEMSE 24/11/2024				PB (50m pool): 03:13.04 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:41.49		01:29.45		02:19.39		03:08.28
	00:41.49		00:47.96		00:49.94		00:48.89	
								

Coach feedback:

ALGT Swim CUP 25: Session: 2: COACH evaluation sheet for TEAM: FIRST

Event number: 17: 200M BREASTSTROKE WOMEN 11+							Heat:5, starttime: 16:01	
Heat: 5/7 Lane : 7 Athlete: DEGRANDE AN							Q-time: 03:15:04	
PB (25m pool): 03:15.04 Temse 22/12/2024				PB (50m pool): 03:33.22 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:43.68		01:33.89		02:24.51		03:15.04
	00:43.68		00:50.21		00:50.62		00:50.53	
								

Coach feedback:

Event number: 17: 200M BREASTSTROKE WOMEN 11+							Heat:5, starttime: 16:01	
Heat: 5/7 Lane : 8 Athlete: VANCAYZEELE MARGAUX							Q-time: 03:17:49	
PB (25m pool): 03:17.49 Sint-Amandsberg 19/10/2025				PB (50m pool): 03:26.97 SB: 03:17.49 Sint-Amandsberg 19/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:45.04		01:35.31		02:26.46		03:17.49
	00:45.04		00:50.27		00:51.15		00:51.03	
								

Coach feedback:

Event number: 17: 200M BREASTSTROKE WOMEN 11+							Heat:6, starttime: 16:05	
Heat: 6/7 Lane : 6 Athlete: DE SMAELE KENZA							Q-time: 02:57:67	
PB (25m pool): 02:57.67 TEMSE 24/11/2024				PB (50m pool): 03:04.38 SB: 03:05.56 Sint-Amandsberg 19/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.32		01:25.16		02:11.54		02:57.67
	00:40.32		00:44.84		00:46.38		00:46.13	
								

Coach feedback:

Event number: 18: 100M BACKSTROKE MEN 11+							Heat:2, starttime: 16:15	
Heat: 2/8 Lane : 6 Athlete: DE CRAENE THIBE							Q-time: 01:27:05	
PB (25m pool): 01:27.05 Sinbad 16/03/2025				PB (50m pool): 01:31.82 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:41.95		01:27.05				
	00:41.95		00:45.10					
								

Coach feedback:

ALGT Swim CUP 25: Session: 2: COACH evaluation sheet for TEAM: FIRST

Event number: 18: 100M BACKSTROKE MEN 11+					Heat:2, starttime: 16:15
Heat: 2/8 Lane : 7 Athlete: STEVENS GERBEN					Q-time: 01:27:35
PB (25m pool): no time			PB (50m pool): 01:27.35 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 18: 100M BACKSTROKE MEN 11+					Heat:2, starttime: 16:15
Heat: 2/8 Lane : 8 Athlete: GERRITSEN BRUNO					Q-time: 01:28:18
PB (25m pool): 01:28.18 Sint-Amandsberg 27/10/2024			PB (50m pool): 01:30.65 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.07		01:28.18	
	00:43.07 00:45.11				
					

Coach feedback:

Event number: 18: 100M BACKSTROKE MEN 11+					Heat:3, starttime: 16:17
Heat: 3/8 Lane : 3 Athlete: UVYN MAXIM					Q-time: 01:15:52
PB (25m pool): 01:15.52 Sint-Amandsberg 19/10/2025			PB (50m pool): 01:19.21 SB: 01:15.52 Sint-Amandsberg 19/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.06		01:15.52	
	00:37.06 00:38.46				
					

Coach feedback:

Event number: 18: 100M BACKSTROKE MEN 11+					Heat:4, starttime: 16:19
Heat: 4/8 Lane : 2 Athlete: HOSTE LARS					Q-time: 01:13:44
PB (25m pool): 01:13.44 TEMSE 18/05/2025			PB (50m pool): 01:16.97 SB: 01:14.15 Sint-Amandsberg 19/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.29		01:13.44	
	00:36.29 00:37.15				
					

Coach feedback:

ALGT Swim CUP 25: Session: 2: COACH evaluation sheet for TEAM: FIRST

Event number: 18: 100M BACKSTROKE MEN 11+					Heat:4, starttime: 16:19
Heat: 4/8 Lane : 3 Athlete: DE BIE DAAN					Q-time: 01:13:19
PB (25m pool): 01:13.19 WAREGEM 21/04/2025					PB (50m pool): 01:14.48 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.17		01:13.19	
	00:35.17		00:38.02		
					

Coach feedback:

Event number: 18: 100M BACKSTROKE MEN 11+					Heat:5, starttime: 16:21
Heat: 5/8 Lane : 3 Athlete: LIEVENS TIEBE					Q-time: 01:11:38
PB (25m pool): 01:11.38 Gent 23/02/2025					PB (50m pool): 01:15.32 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.59		01:11.38	
	00:34.59		00:36.79		
					

Coach feedback:

Event number: 18: 100M BACKSTROKE MEN 11+					Heat:5, starttime: 16:21
Heat: 5/8 Lane : 8 Athlete: VANNIEUWENHUYSE LOïc					Q-time: 01:13:02
PB (25m pool): 01:13.02 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:15.48 SB: 01:13.02 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.35		01:13.02	
	00:35.35		00:37.67		
					

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11+					Heat:1, starttime: 16:29
Heat: 1/11 Lane : 3 Athlete: UVYN AURÉLIE					Q-time: 01:37:67
PB (25m pool): 01:39.23 TEMSE 30/03/2025					PB (50m pool): 01:37.67 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.02		01:39.23	
	00:48.02		00:51.21		
					

Coach feedback:

ALGT Swim CUP 25: Session: 2: COACH evaluation sheet for TEAM: FIRST

Event number: 19: 100M BACKSTROKE WOMEN 11+					Heat:2, starttime: 16:32
Heat: 2/11 Lane : 2 Athlete: HAMID ROYAH					Q-time: 01:31:82
PB (25m pool): 01:36.69 Eeklo 01/04/2024					PB (50m pool): 01:31.82 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:36.69	
	no time				
					

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11+					Heat:2, starttime: 16:32
Heat: 2/11 Lane : 4 Athlete: MAES AALIYAH					Q-time: 01:26:70
PB (25m pool): 01:23.07 Sint-Amandsberg 22/10/2023					PB (50m pool): 01:23.54 SB: 01:26.70 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:23.07	
	no time				
					

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11+					Heat:2, starttime: 16:32
Heat: 2/11 Lane : 6 Athlete: VAN LOO HANNAH					Q-time: 01:30:41
PB (25m pool): 01:32.70 Sint-Amandsberg 27/10/2024					PB (50m pool): 01:30.41 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.99		01:32.70	
	00:44.99		00:47.71		
					

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11+					Heat:3, starttime: 16:34
Heat: 3/11 Lane : 3 Athlete: MENU NINA					Q-time: 01:23:07
PB (25m pool): 01:23.07 T ROSCO 12/10/2025					PB (50m pool): 01:23.91 SB: 01:23.07 T ROSCO 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.39		01:23.07	
	00:40.39		00:42.68		
					

Coach feedback:

ALGT Swim CUP 25: Session: 2: COACH evaluation sheet for TEAM: FIRST

Event number: 19: 100M BACKSTROKE WOMEN 11+					Heat:3, starttime: 16:34
Heat: 3/11 Lane : 4 Athlete: DE ROYE YELENA					Q-time: 01:22:60
PB (25m pool): 01:28.09 Sinbad 01/10/2023					PB (50m pool): 01:22.60 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:28.09	
	no time				
					

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11+					Heat:4, starttime: 16:36
Heat: 4/11 Lane : 3 Athlete: STORME IEME					Q-time: 01:18:92
PB (25m pool): 01:18.92 T ROSCO 12/10/2025					PB (50m pool): 01:19.96 SB: 01:18.92 T ROSCO 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.38		01:18.92	
	00:38.38		00:40.54		
					

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11+					Heat:4, starttime: 16:36
Heat: 4/11 Lane : 6 Athlete: BOGAERT HANNE					Q-time: 01:19:09
PB (25m pool): 01:19.09 T ROSCO 12/10/2025					PB (50m pool): 01:19.99 SB: 01:19.09 T ROSCO 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.85		01:19.09	
	00:38.85		00:40.24		
					

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11+					Heat:4, starttime: 16:36
Heat: 4/11 Lane : 7 Athlete: VAN GHELUE RINSKE					Q-time: 01:19:33
PB (25m pool): 01:19.33 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:23.75 SB: 01:19.33 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.03		01:19.33	
	00:39.03		00:40.30		
					

Coach feedback:

ALGT Swim CUP 25: Session: 2: COACH evaluation sheet for TEAM: FIRST

Event number: 19: 100M BACKSTROKE WOMEN 11+					Heat:5, starttime: 16:39
Heat: 5/11 Lane : 3 Athlete: STORME JADE					Q-time: 01:15:29
PB (25m pool): 01:15.29 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:18.20 SB: 01:15.29 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.76		01:15.29	
	00:36.76		00:38.53		
					

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11+					Heat:5, starttime: 16:39
Heat: 5/11 Lane : 7 Athlete: BEULENS LOTTE					Q-time: 01:17:01
PB (25m pool): 01:17.01 T ROSCO 12/10/2025					PB (50m pool): 01:18.59 SB: 01:17.01 T ROSCO 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.98		01:17.01	
	00:37.98		00:39.03		
					

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11+					Heat:7, starttime: 16:43
Heat: 7/11 Lane : 3 Athlete: NEIRINCK ANNELIES					Q-time: 01:12:95
PB (25m pool): 01:12.95 Temse 22/12/2024					PB (50m pool): 01:17.06 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.84		01:12.95	
	00:35.84		00:37.11		
					

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11+					Heat:7, starttime: 16:43
Heat: 7/11 Lane : 8 Athlete: CANTRé EMILIE					Q-time: 01:14:21
PB (25m pool): 01:14.21 Gent 23/02/2025					PB (50m pool): 01:17.55 SB: 01:14.34 T ROSCO 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.31		01:14.21	
	00:35.31		00:38.90		
					

Coach feedback: